

Role of Agricultural Extension and Education in Rural Women's Empowerment and its Importance in Food Security and Rural Development

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Rural communities as the main food producer, have a key role in food security. Rural women are one of effective groups in villages that their contribution, is higher than men, in work forces in third world countries, because of traditional production structure livelihoods with low income, and the type of labor relations in this structure. Rural women always been one of the most underprivileged strata in access to resources and use of the opportunities development. Therefore, have to provide necessary information and training to rural women in order to increase the quality and quantity of production, make empowerment and decrease deprivation of them. Meanwhile, agricultural extension as an educational system can play a key role. The main objective of agricultural extension system is make positive changes in people's information, skills, insights and attitudes and it is obvious that women are considered the one of the main audiences of the extension program as well as men. Considering the importance of topic, this review study via review is aimed at investigating the role of agricultural extension and education in empowerment rural women in food security and rural development. Studies indicated that agricultural extension system can play significant role in achieving food security and development of rural communities through identifying the obstacles and constraints faced rural women and providing the useful training to them in order to empower women in different dimensions of their lives, development of social- management skills, access to appropriate technology and production resources in rural development and agricultural extension programs. Accordingly, it is primarily necessary be provided suitable context to empower women with attention to multiple roles and various and new responsibilities of women in public and private rural arena for earning valuable resources.

Key Words: Rural women Empowerment, Food Security, Agricultural Extension and Education